



GAUTAM BUDDHA CHIKITSA MAHAVIDYALAYA

(Run by: MTV Buddhist Religious & Charitable Trust) A constituent college of

RAS BIHARI BOSE SUBHARTI UNIVERSITY

Subhartipuram, Phase II, NH-72, Jhajra, Chakrata Road, Dehradun-248007

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Ref. No.: S.S/GBCM/2024/10/1374

Date: 07.10.2024

Dear Students,

On behalf of Gautam Buddha Chikitsa Mahavidyalaya, Ras Bihari Bose Subharti University, I wish to congratulate you on your admission in our MBBS batch 2024-25. We expect you to work diligently for the next four and a half years and prove worthy of becoming a doctor.

We are pleased to inform you that it is proposed to start the academic session from 14th October, 2024. Our faculty is fully committed to ensure timely completion of the course of the first MBBS phase for your 1st University examination as per schedule.

We look forward to welcome you. Please take note of the following information:

1. Uniform:

Cloth for 3 sets of uniform will be provided to each student. Tailor will be available to take the measurement and will provide you the stitched uniform at no extra cost. Till the stitched uniform is provided it is expected that the student will wear whites during their college hours. (White shirt, pant and black shoes for boys and white salwar-suit and dupatta for girls). Also you may get your uniform stitched on your own, if you wish so, but the cost of stitching will be borne by you while the fabric will be provided by the college.

2. Hostel:

You will report to the hostel on 13th October 2024, from 9:00 am to 5:00 pm. The following facilities will be provided:

- Box type single bed with mattress.
- One almirah
- One table
- One chair

Bed sheets, duvets, blankets etc. and other utilities have to be arranged by you.

3. Books:

You will be guided about books to study by your respective subject teachers. For your convenience a book stall is available in the college campus from where you can buy the books at a discounted price.

We are confident that you will embrace the values of "Shiksha, Seva, Sanskar and Rashtriyata", which is our motto and fulfill the dreams of your parents.

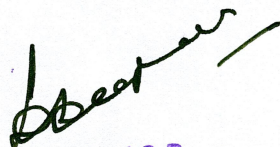
We wish you the very best success for your future.

(Dr. Desh Deepak)

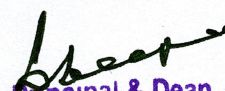
Principal & Dean

Principal & Dean
Gautam Buddha Chikitsa Mahavidyalaya
Dehradun

Day	Date	09:00 AM to 10:00 AM	10:00 AM to 11:00 AM	11:00 AM to 12:00 NOON		01:00 PM to 02:00 PM	02:00 PM to 03:00 PM	03:00 PM to 04:00 PM
Monday	14/10/24	FC-1.5 Orientation program for newly admitted students of 2024 -25 batch (address to students & parents by Hon'ble Project Director, Hon'ble VC, Principal & Vice Principal) · Welcome address · Vision & mission of university/college · Inspiring talk... to the new MBBS graduates and their parents		FC-1.4 Rules and Regulations of the Institution Facilitator: Dr Roopa Hanspal, Vice-Principal, GBCM	12:00 NOON to 01:00 PM	FC-1.1, FC-1.2, FC-1.3 Role of IMG & societal impact (Sensitize and inspire students to the wider roles of physicians in society beyond patient-doctor interaction based on—diagnostic role, treating role, physician-patient interactive roles, societal role) Discussion on expectations of students from the Institution, peers, colleagues, Patients, society, and from the nation; & vice-versa Interactive session – divide students into groups for feedback in writing on the different roles. Facilitators: Dr Suchit Kumar, Dr Abhinav Manish, Dr Arunima Deep, Dr Gunjian Singh		
Tuesday	15/10/24	FC-4.8 Yoga & Meditation Facilitators: Dr Rajesh Tiwari & Team Yoga	FC-1.6, FC-1.7 Overview of the MBBS curriculum, with structure & outcomes Semester/year-wise distribution of subjects and relation to future academics. Various career pathways and opportunities for personal growth. Facilitator: Dr Roopa Hanspal, Vice-Principal, GBCM	FC-1.10 History of Medicine & Alternate Systems of Medicine AYUSH in India Facilitator: Dr DB Roy	Lunch Break	FC-1.5 The academic ambience Orientation to the Institutional campus (College, Hospital, Hostel, playground etc.) Visit to the various units of the Institute for orientation Facilities, Administrative structure, Support systems, & Processes of the Institution Facilitators: Mr Sachin Shrinarain, Ms. Mamta Kandwal, Dr Hitakshi, Dr Gaurav, Dr Arpit, Dr Manvi, Dr Ankit		
Wednesday	16/10/24	FC-4.8 Yoga & Meditation Facilitators: Dr Rajesh Tiwari & Team Yoga	FC-1.8 Role of physician at various levels of healthcare delivery Principles of primary care (general and community-based care) Facilitator: HOD Community Medicine to designate	FC-1.9 Principles of Family Practice Facilitator: Dr Deepika Joshi, General Medicine		FC-3.1, FC-3.2, FC-3.3, FC-3.4, FC-3.5 National Health Goals and Policies National health scenario, demographics, socio-cultural and epidemiologic issues Understanding of the health-care systems in India with reference to primary, secondary, and tertiary-level care Basic principles of community health and its impact on health and disease Understanding of the structure and function of the community health center Facilitators: HOD Community Medicine to designate		

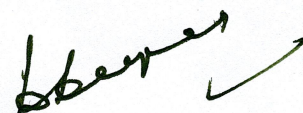

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Thursday	17/10/24	FC-4.8 Yoga & Meditation Facilitators: Dr Rajesh Tiwari & Team Yoga	FC-4.2 Interpersonal relationships: Understanding that compassion, altruism, integrity, duty, responsibility and trust are the core values that define the nature of a physicians work Facilitator: Dr Vivek V Bharosay, HOD Pathology	FC-4.3, FC-4.4, FC-4.10 Interpersonal relationships: Discussion on value, honesty, and respect during interaction with peers, seniors, faculty, and other healthcare workers and patients Significance of working in a healthcare team Importance of interpersonal relationship while working in a healthcare team Facilitator: Dr Desh Deepak, Principal, GBCM	FC-4.12, FC-4.15 Understanding the process of group dynamics and group learning Facilitators: Dr Gunjjan Singh, Dr Neha Nautiyal, Dr Rekha Bhandari and Dr Kanika Manish	FC-4.1 Interpersonal relationships: Understanding the concept of Professionalism and ethics among healthcare workers Discussion on the consequences of unprofessional and unethical behavior Facilitator: Dr Anant Prakash Rank, FMT
Friday	18/10/24	FC-4.8 Yoga & Meditation Facilitators: Dr Rajesh Tiwari & Team Yoga	FC-3.5 Visit to the PHC / Community Health Center Facilitators: HOD Community Medicine to designate	FC-4.13 The Learning Pedagogy and its role in Learning Skills Facilitator: Dr Vinita Kalra, In-charge Academic Cell	FC-4.14, FC-4.15 Understanding different methods of self-directed learning and collaborative learning Facilitators: Dr Vinita Kalra, Dr Ruchit Khera, Dr Gujjan Singh, Dr Astha Srivastava, Dr Arunima Deep, Ms. Mamta Kandwal	
Saturday	19/10/24	FC-4.8 Yoga & Meditation Facilitators: Dr Rajesh Tiwari & Team Yoga	FC-5.1 Ability to communicate with patients and families Awareness of barriers to communication and appropriate ways to respond Clinico-laboratory communication Facilitator: Dr Anuradha Bharosay, Biochemistry	FC-3.6 Demonstrate ability to obtain patient experiences through patient and family interactions and relate these experiences to impact of environment and diseases Facilitator: HOD Community Medicine to designate	Sports	
	20/10/24					


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Monday	21/10/24	FC-4.8 Yoga & Meditation Facilitators: Dr Rajesh Tiwari & Team Yoga	FC-2.8 Immunization requirements of health care professionals Facilitator: Dr BP Kalra, Director Pediatrics	FC-4.7 Mental Health Significance and fallout of risk-taking behavior Significance and methods of stress management Facilitator: Dr. Tapasya Raj Laxmi Shah	FC-2.3, FC-2.4, FC-2.5, FC-2.6, FC 2.7 Batch A Follow bio-safety and universal precautions; Appropriate response to needle-stick injuries Handling and safe disposal of biohazard materials in a simulated environment; Biomedical waste segregation Proper hand washing and use of personal protective equipment Facilitators: HOD Microbiology, Dr Shekhar Pal, Dr Seema & Team FC-5.4, FC-5.5 Batch B Demonstrate basic computer skills & ability to access online resources; Use of Information Technology and Artificial Intelligence Facilitators: Dr Ruchit Khera (Dy. In-Charge Academics), Dr. Abhinav Manish (Joint Coordinator Exam Cell), Mr. Rohit Kumar (Chief Librarian), Mr. Sachin Shrinarain (OSD-GBCM). IT In-Charge Mr. Sachin Kumar to provide all necessary support as required. FC-2.1 Batch C Perform basic cardiopulmonary/emergency life support Facilitators: Dr (Brig.) VP Singh, Director MTVBR & CT & Team Anesthesiology
Tuesday	22/10/24	FC-4.8 Yoga & Meditation Facilitators: Dr Rajesh Tiwari & Team Yoga	FC-4.5 Discussion on disability competencies Facilitator: Dr Anant P Rank, In Charge HOD FMT	FC-4.9 Significance and appropriate ways of time management Facilitator: Mr Sachin Shrinarain, OSD-GBCM	FC-2.3, FC-2.4, FC-2.5, FC-2.6, FC 2.7 Batch B Follow bio-safety and universal precautions; Appropriate response to needle-stick injuries Handling and safe disposal of biohazardous materials in a simulated environment; Biomedical waste segregation Proper hand washing and use of personal protective equipment Facilitators: HOD Microbiology, Dr Shekhar Pal, Dr Seema & Team FC-5.4, FC-5.5 Batch C Demonstrate basic computer skills & ability to access online resources; Use of Information Technology and Artificial Intelligence Facilitators: Dr Ruchit Khera (Dy. In-Charge Academics), Dr. Abhinav Manish (Joint Coordinator Exam Cell), Mr. Rohit Kumar (Chief Librarian), Mr. Sachin Shrinarain (OSD-GBCM). IT In-Charge Mr. Sachin Kumar to provide all necessary support as required. FC-2.1 Batch A Perform basic cardiopulmonary/emergency life support Facilitators: Dr (Brig.) VP Singh, Director MTVBR & CT & Team Anesthesiology
Wednesday	23/10/24	FC-4.8 Yoga & Meditation Facilitators: Dr Rajesh Tiwari & Team Yoga	FC-2.9 Awareness of the significance of documentation in patient care Proper method of documentation & medical records Facilitator: Dr Anubha Agarwal, Dept. of Hospital Administration & Quality	FC-4.6 Understanding and respect for cultural diversities and interacting with those with different cultural values. Facilitator: Dr Kapil Loomba, HOD Dentistry	FC-2.3, FC-2.4, FC-2.5, FC-2.6, FC 2.7 Batch C Follow bio-safety and universal precautions; Appropriate response to needle-stick injuries Handling and safe disposal of biohazardous materials in a simulated environment; Biomedical waste segregation Proper hand washing and use of personal protective equipment Facilitators: HOD Microbiology, Dr Shekhar Pal, Dr Seema & Team FC-5.4, FC-5.5 Batch A Demonstrate basic computer skills & ability to access online resources; Use of Information Technology and Artificial Intelligence Facilitators: Dr Ruchit Khera (Dy. In-Charge Academics), Dr. Abhinav Manish (Joint Coordinator Exam Cell), Mr. Rohit Kumar (Chief Librarian), Mr. Sachin Shrinarain (OSD-GBCM). IT In-Charge Mr. Sachin Kumar to provide all necessary support as required.

					FC-2.1 Batch B Perform basic cardiopulmonary/emergency life support Facilitators: Dr (Brig.) VP Singh, Director MTVBR & CT & Team Anesthesiology
Thursday	24/10/24	FC-4.8 Yoga & Meditation Facilitators: Dr Rajesh Tiwari & Team Yoga	FC-2 The role of Spirituality in Healthcare Facilitator: Dr Rajesh Mishra, Hon'ble VC - RBBSU	FC-2 Introduction and orientation to the ICMR STS project for Medical Students Facilitator: Dr DB Roy	FC-2.2 Perform First aid in a simulated environment Facilitators: HOD Surgery & HOD Orthopedics and Teams
Friday	25/10/24	FC-4.8 Yoga & Meditation Facilitators: Dr Rajesh Tiwari & Team Yoga	FC-4.11 Role of Mentoring Facilitator: Dr. Shekhar Pal In Charge Mentorship Committee	FC-4.11 Allocation of students to Mentors and Initiation to Mentor-Mentee Logbook Facilitators: Dr. Shekhar Pal In Charge Mentorship Committee & Team	FC-5.2, FC-5.3 Language (Local/English) Ability to communicate and learn in English & use of local language in patient and peer interactions Facilitators: Mr Sachin Shrinarain (OSD-GBCM), Dr Pratibha Pandey, Dr. Neha Nautiyal
Saturday	26/10/24	FC-1 White Coat Ceremony followed by Cadaveric Oath Facilitator: Dr. Suchit Kumar, HOD Anatomy		FC-2 The significance of logbooks and portfolios in medical education Facilitator: Dr. Vinita Kalra, In-charge Academic Cell	Sports


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